

SCALPING

THE ART OF THE SHORT GAME

Fast and focused trades at structure
with defined stops



Scalping — Fast and Focused

Introduction

Scalping is precision under pressure — small, quick trades made with sharp focus and total control.

It's not about chaos or luck. It's about rhythm, reaction, and readiness.

A good scalper trades like a surgeon — calm, deliberate, and disciplined.

You enter fast, manage risk instantly, and accept the outcome without emotion.

What Is Scalping?

Scalping means capturing small market movements — usually a few points or pips — within short time windows.

Each trade is small, but the edge builds through repetition.

It's not guessing; it's exploiting micro-patterns that repeat during liquid sessions.

Scalping isn't a gamble. It's controlled aggression.

You don't chase trends — you harvest volatility in moments of imbalance.



Why Traders Scalp

- Fast feedback loop — you know immediately if your read is right.
- Frequent exposure builds confidence and refines skill.
- Small, repeatable wins compound into large monthly results.
- Limited market exposure = lower risk of catastrophic loss.

But remember — the secret is **not speed**, it's **control**.
The best scalpers are patient, not hyperactive.

The Right Instruments to Scalp

Not all markets are built for scalping. Each instrument has its own “personality.”

- **Gold (XAU/USD):** volatile, explosive, perfect for quick bursts — but only with strict stops.
- **US30 / Indices:** clean direction during New York open; ideal for structure-based scalps.
- **EUR/USD & Major Pairs:** smooth price flow, tight spreads, excellent for consistent rhythm trading.
- **Crypto:** highly volatile and 24/7 — trade tiny risk only.
- **Exotics / Crosses:** skip for scalping; spreads eat your edge.

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● Operator's Note:

Scalping doesn't have to stand alone. It can blend with any strategy — hedging, stacking, or sniper trading.

Personally, I love to hedge and scalp together — hedge for protection, scalp for precision profits.

Best Market Conditions for Scalping

Scalping thrives during **consolidation** — when price moves up and down in short, rhythmic intervals.

This is where patience meets precision.

- **Consolidation / Range:** best conditions for clean entries and exits.
- **New York Open (first 5 minutes):** expect wild bounces — this is normal. Trade small, react fast.
- **London–New York overlap:** volatility with structure — ideal for rhythm scalps.
- **Avoid dead sessions:** late Asia or post-NY can flatten spreads and ruin execution.

Types of Scalping Strategies

1. **Momentum Scalping** – catch the continuation move after a breakout; in and out quickly.
2. **Mean Reversion Scalping** – fade back into structure when price stretches too far.
3. **Liquidity Sweep Scalping** – trade the quick reversal after stops are triggered.
4. **Prop-Friendly Scalping** – ultra-small risk, slow compounding; great for challenge accounts.

Each style works, but only if backed by rules and emotional discipline.

Pros and Cons of Scalping

Pros:

- High engagement and fast learning curve.
- Tight control over risk.
- Excellent for prop firm consistency.
- Builds discipline and confidence.

Cons:

- Emotionally tiring if overdone.
- Slippage and spreads can erase edge.
- Requires constant focus — no multitasking.
- Overtrading temptation is always present.

How to Manage Scalps and Scalping Rules

- Risk per trade: 0.1–0.3% (micro is best. Suggestion not rule).
- Hard daily loss limit: 1–2%. (suggestion, not rule)
- Take profits quickly — aim for clean exits, not perfection.
- Never widen stops; if wrong, reset.
- Always step back after a big win or loss — emotional resets are part of the process.
- • **One idea → one entry.**
Focus on clarity, not chaos. Know why you're in before you click.
- • **Hard stop before entry, never after.**
If you don't have a stop (or stop order), you don't have a trade.
- • **Lot size follows logic, not emotion.**
You can scale bigger when the structure, volatility, and conditions justify it. Just know your exposure.
- • **Trade only in liquidity windows.**
London open, NY open, and structured overlaps — never during dead hours.
- • **Never chase a move already gone.**
If it's flying, let it fly. The next setup will come.
- • **Stack with structure — not emotion.**
Stacking is fine when it's part of a planned strategy (like a hedge+scalp combo).
Unplanned stacking is revenge trading in disguise.
- • **Daily limits are flexible — your mindset isn't.**
You don't stop because of a number; you stop when focus or structure is gone. If hedging or hybrid trading, adapt instead of quitting.
- • **Log the key trades only.**
You don't need to write a novel — just track what matters: entry reason, emotion, and result.
- • **Be fast, but never rush.**
Speed without control is gambling. Precision beats panic every time.
- • **End the session calm, not excited.**
The goal is to finish balanced, not hyped. Tomorrow's edge starts with today's discipline.

Scalping in Prop Firm Challenges

Scalping can **help pass prop firm challenges faster** by **building profit safely** and giving you more room to play.

It's not about chasing big wins — it's about stacking small, controlled gains that protect your drawdown and strengthen your equity curve.

Forget rigid rules about trade counts or consistency scores — those are made for textbook traders, not real operators.

In prop phases, focus on stability and logic:

- Trade inside high-liquidity windows (London and New York).
- Avoid major news spikes unless you're hedging.
- Use small, controlled scalps to buffer drawdown during slow days.
- Keep your emotions calm — scalping is about rhythm, not excitement.

Scalping isn't gambling; it's precision.

Used correctly, it complements other strategies like **hedging and stacking**, helping you stabilize, recover, and grow — all while staying within prop firm limits.

Final Thoughts

Scalping is a mindset, not a speed test.

It's control, repetition, and execution under pressure.

The market rewards focus, not frenzy.

If you can stay calm while others panic, your edge multiplies.

Trade with precision.

Close with confidence.

And always remember the golden rule — **be fast, but never rush.**